





St Polycarp's Primary School Outdoor Running Club (Years 3-6)

Come and join us for fun relays, team competitions and much more. Great for runners of all abilities and team players wanting to improve their fitness for their own sports.

Dates: Tuesday 22nd April to 15th July 2025 (excluding May half term)

Time: 3.20 - 4.15 pm

Where: St Polycarp's School Field

What to bring: Running kit (tracksuit and waterproofs, gloves etc), trainers and a drink, sun cream and hat (if required)

Cost: £96 for the whole Summer Term

How to book: Contact Brian Stopher at Destination RUN for more information at <u>brian.destrun@gmail.com</u>

Clubs organised and run by Brian Stopher (UK Athletics qualified running coach, qualified & experienced PE teacher, ex-head of secondary school PE, & former international athlete)





